## Cognitive Principles & Restructuring

## **Facilitator Training**

Instructor: Rae Forseth

Upon completion of this training, participants will be able to:

- ✓ Teach offenders the 4 steps to self-change
- ✓ Describe and recognize criminal foundation errors utilized by offenders.
- ✓ Implement a cognitive restructuring program segment to address foundation errors.
- ✓ Describe and recognize criminal cycles utilized by offenders.
- ✓ Implement a cognitive restructuring program segment using criminal cycles
- ✓ Understand the purpose of a thinking error report.
- ✓ Implement the use of thinking reports with offenders
- ✓ Describe the difference between the three phases of CP&R

Who should attend: Program managers, counselors, facilitators, supervisors of treatment programs, correctional staff interested in involvement in a cognitive restructuring program, Probation and Parole officers, Mental Health professionals, Chemical Dependency program staff and Pre-Release Center staff.

Date: November 13 – 15, 2012 (Tuesday – Thursday) To register contact:

Time: 8:00 am to 5:00 pm Geri Mason

Location: DOC Training Center (406) 846-1320 ext 2307

442 Golf Course Rd GMason@mt.gov

Deer Lodge, MT 59722

Cost: Minimal Registration Fee: Department of Corrections – Accounting

(Approx. \$5.00 per person) PO Box 201301

Helena MT 59620

DOC staff must complete a training request form and receive approval from their supervisor(s) prior to attending this course.

This class is POST Certified



The Department of Corrections will make reasonable accommodations for persons with disabilities who wish to participate in this training or need an alternative accessible format of this notice or related material. If you require accommodations, please contact Geri Mason, DOC Training Center, 442 Golf Course Rd, Deer Lodge, Montana, at 406-846-1320 ext 2307; fax # (406) 846-1484; or <a href="mailto:GMason@mt.gov">GMason@mt.gov</a>